

Mental Health Mondays



MAY 1ST @ 10AM
MAY 8TH @ NOON
MAY 15TH @ 1PM
MAY 22ND @ 9AM

What is QPR?

Question, Persuade, Refer (QPR) is a Suicide Prevention Training designed to increase your ability to recognize suicidal thoughts and behaviors, and to refer the person at-risk to a professional resource

REGISTER

<https://forms.gle/DKCPQamJSyxdDmwBA>



BE SOMEONE'S
HERO.
COMPLETE
QPR.



Crisis Helpline, WV

The West Virginia State Department of Health and Human Resources